



### BLEMIL PLUS 1 HYDROLYZED RICE

Nutrient	Per 100g	Per 100ml (13.5%)
Energy (kcal)	502	68
Energy (kJ)	2098	283
Fat (g)	25.5	3.4
MCTs (g)	5.2	0.73
Linoleic Acid ( $\omega$ -6) (mg)	2570	360
Alpha-Linolenic Acid ( $\omega$ -3) (mg)	265	37.1
DHA ( $\omega$ -3) (mg)	105	14.7
Carbohydrates (g)	56.5	7.9
Maltodextrin (g)	44.5	6.2
Starch (g)	12	1.7
Fiber (g)	3	0.4
Fructooligosaccharides (g)	1.5	0.2
Inulin (g)	1.5	0.2
Proteins (g)	13.5	1.9
Choline (mg)	50	7
Taurine (mg)	33	4.6
Inositol (mg)	25	3.5
L-Carnitine (mg)	7	1

Minerals	Per 100g	Per 100ml (14%)
Sodium (mg)	230	32.2
Potassium (mg)	500	67.5
Chlorine (mg)	420	56.7
Calcium (mg)	550	74.3
Phosphorus (mg)	360	48.6
Iron (mg)	5	0.7
Magnesium (mg)	45	6.1
Zinc (mg)	5	0.7
Copper ( $\mu$ g)	370	50
Iodine ( $\mu$ g)	100	13.5
Manganese ( $\mu$ g)	150	20.3
Selenium ( $\mu$ g)	20	2.7
Chromium ( $\mu$ g)	20	2.7
Molybdenum ( $\mu$ g)	30	4.1
Calcium/Phosphorus Ratio	1.5	1.5



Nucleotide	Per 100g	Per 100ml (13.5%)
5' Cytidine Monophosphate	6.9 mg	0.9 mg
5' Uridine Monophosphate	5 mg	0.7 mg
5' Adenosine Monophosphate	2.4 mg	0.3 mg
5' Guanosine Monophosphate	1.4 mg	0.2 mg
5' Inosine Monophosphate	1.3 mg	0.2 mg

Fatty Acid	Content (g/100g)
Caprylic C08:0	16.5
Capric C10:0	11.1
Lauric C12:0	8.2
Myristic C14:0	3.3
Palmitic C16:0	4.1
Stearic C18:0	2.0
Oleic C18:1	33.2
Linoleic C18:2	11.1
Alpha-Linolenic C18:3	1.1
Docosahexaenoic (DHA) C22:6	0.5
Others	8.3
Saturated Fats	45.3
Monounsaturated Fats	33.2
Polyunsaturated Fats	21.5
MCTs	27.6

Amino Acid	Content (g/100g)
Threonine	3.5
Valine	6.9
Methionine	1.7
Isoleucine	3.7
Leucine	7.7
Tyrosine	5.8
Phenylalanine	5.0
Lysine	6.3
Arginine	8.4
Cystine	1.3
Tryptophan	1.4

**Osmolarity: 185 mOsm/l**