



BLEMIL PLUS 1 FH

Nutrient	Per 100g	Per 100ml (14%)
Energy	493 kcal	69 kcal
	2062 kJ	288 kJ
Fat	25g	3.5g
MCTs	5.14g	0.72g
Linoleic acid (ω -6)	3060mg	428mg
α -Linolenic acid (ω -3)	370mg	52mg
GLA (ω -6)	70mg	9.8mg
AA (ω -6)	112mg	15.7mg
DHA (ω -3)	112mg	15.7mg
Carbohydrates	53g	7.4g
Maltodextrin	53g	7.4g
Fiber	3g	0.4g
Fructooligosaccharides	1.5g	0.2g
Inulin	1.5g	0.2g
Protein	12.5g	1.75g
Choline	130mg	18.2mg
Taurine	32mg	4.5mg
Inositol	25mg	3.5mg
L-Carnitine	7.5mg	1.1mg

Minerals	Per 100g	Per 100ml (14%)
Sodium	185mg	25.9mg
Potassium	505mg	70.7mg
Chlorine	335mg	46.9mg
Calcium	620mg	86.8mg
Phosphorus	400mg	56mg
Iron	4.5mg	0.63mg
Magnesium	44mg	6.2mg
Zinc	5mg	0.7mg
Copper	355 μ g	49.7 μ g
Iodine	100 μ g	14 μ g
Manganese	100 μ g	14 μ g
Selenium	19 μ g	2.7 μ g
Chromium	20 μ g	2.8 μ g
Molybdenum	30 μ g	4.2 μ g
Calcium/Phosphorus Ratio	1.6	1.6



Vitamins	Per 100g	Per 100ml (14%)
Vitamin A	440µg/UI	61.6µg/UI
Vitamin D	11µg/UI	1.54µg/UI
Vitamin E	6.8mg/UI	0.95mg/UI
Vitamin K	40µg	5.6µg
Vitamin B1	770µg	107.8µg
Vitamin B2	1150µg	161µg
Vitamin B6	770µg	107.8µg
Vitamin B12	1µg	0.14µg
Vitamin C	85mg	11.9mg
Folic Acid	90µg	12.6µg
Pantothenic Acid	2.7mg	0.4mg
Niacin	5mg	0.7mg
Biotin	9µg	1.3µg

Nucleotides	Per 100g	Per 100ml (14%)
5'-Cytidine Monophosphate	6.9mg	0.97mg
5'-Uridine Monophosphate	5mg	0.7mg
5'-Adenosine Monophosphate	2.4mg	0.34mg
5'-Guanosine Monophosphate	1.4mg	0.20mg
5'-Inosine Monophosphate	1.3mg	0.18mg

Probiotics	Per 100g
Total Probiotics (UFC)	2.6x10 ⁹ UFC
B. infantis (UFC)	3x10 ⁸ UFC
L. rhamnosus (UFC)	2.3x10 ⁹ UFC

Fatty Acid	g/100g
Caprylic C08:0	12.2
Capric C10:0	8.3
Lauric C12:0	8.8
Myristic C14:0	3.5
Palmitic C16:0	4.4
Stearic C18:0	2.2
Oleic C18:1	35.5
Linoleic C18:2	12.2
Alpha-Linolenic C18:3	1.5
AA C20:4	0.45
GLA C18:3	0.28
DHA C22:6	0.45
Others	10.2
Saturated	39.4
Monounsaturated	35.5
Polyunsaturated	25.1
MCTs	20.6



Amino Acid	g/100g
Threonine	4.3
Valine	6.3
Methionine	2.4
Isoleucine	5.2
Leucine	8.4
Tyrosine	4.5
Phenylalanine	4
Lysine	8.1
Arginine	3.5
Cysteine	1.1
Tryptophan	1.4

Osmolarity: 225 mOsm/l