



Blemil 1 Forte

| Nutrient | Per 100 ml | Per 100 g |
|-------------------|------------|-----------|
| Energy (kJ) | 273 | 2096 |
| Energy (kcal) | 65 | 502 |
| Proteins (g) | 1.2 | 9.1 |
| Carbohydrates (g) | 7.1 | 54.8 |
| Lactose (g) | 7.1 | 54.8 |
| Fat (g) | 3.4 | 26 |
| Fiber (g) | 0.8 | 6 |
| Choline (mg) | 18.2 | 140 |
| Taurine (mg) | 4.7 | 36 |
| Inositol (mg) | 13.3 | 102 |
| L-Carnitine (mg) | 1.0 | 8.0 |

| Fatty Acid | Amount (g) |
|----------------------------|------------|
| Caprylic C08:0 | 0.8 |
| Capric C10:0 | 1.0 |
| Lauric C12:0 | 11.2 |
| Myristic C14:0 | 4.7 |
| Palmitic C16:0 | 23.6 |
| Palmitic (β) C16:0 | 7.1 |
| Stearic C18:0 | 3.8 |
| Oleic C18:1 | 38.0 |
| Linoleic C18:2 | 11.8 |
| α -Linolenic C18:3 | 1.6 |
| Arachidonic C20:4 | 0.39 |
| Docosahexaenoic C22:6 | 0.39 |

| Mineral | Per 100 ml | Per 100 g |
|------------|------------|-----------|
| Sodium | 27 mg | 206 mg |
| Potassium | 72 mg | 551 mg |
| Chlorine | 48 mg | 369 mg |
| Calcium | 69 mg | 504 mg |
| Phosphorus | 45 mg | 303 mg |
| Magnesium | 5.5 mg | 35 mg |
| Iron | 0.7 mg | 5 mg |
| Zinc | 0.5 mg | 4 mg |



| | | |
|--------------------------|---------|--------|
| Copper | 46.8 µg | 360 µg |
| Manganese | 13 µg | 101 µg |
| Iodine | 13 µg | 101 µg |
| Selenium | 2.6 µg | 20 µg |
| Fluoride | 35.8 µg | 30 µg |
| Calcium/Phosphorus Ratio | 1.9 | 1.9 |

| Amino Acid | Per 100g |
|---------------|----------|
| Threonine | 6.7 |
| Valine | 6.6 |
| Methionine | 2.2 |
| Isoleucine | 6.7 |
| Leucine | 11.0 |
| Tyrosine | 5.2 |
| Phenylalanine | 4.6 |
| Lysine | 9.4 |
| Arginine | 3.2 |
| Cystine | 2.1 |
| Tryptophan | 2.3 |

| Nucleotide | Per 100 ml (mg) | Per 100 g (mg) |
|----------------------------|-----------------|----------------|
| 5' Monophosphate Cytidine | 1.1 | 8.1 |
| 5' Monophosphate Uridine | 0.8 | 5.9 |
| 5' Monophosphate Adenosine | 0.4 | 3.1 |
| 5' Monophosphate Guanosine | 0.2 | 1.8 |
| 5' Monophosphate Inosine | 0.2 | 1.7 |

| Vitamin | Per 100 ml (µg/UI) | Per 100 g (µg/UI) |
|------------------|--------------------|-------------------|
| Vitamin A | 46.8 µg (156 IU) | 360 µg (1200 IU) |
| Vitamin D | 1.4 µg (56 IU) | 10.5 µg (420 IU) |
| Vitamin E | 2.3 mg | 18 mg |
| Vitamin K | 4.2 µg | 32 µg |
| Vitamin B1 | 67.6 µg | 520 µg |
| Vitamin B2 | 80.6 µg | 620 µg |
| Vitamin B6 | 54.6 µg | 420 µg |
| Vitamin B12 | 0.1 µg | 1 µg |
| Vitamin C | 9.1 mg | 70 mg |
| Folic Acid | 12 µg | 95 µg |
| Pantothenic Acid | 0.4 mg | 3.2 mg |
| Niacin | 0.5 mg | 4 mg |
| Biotin | 2.1 µg | 16 µg |